

Monday, 14 June 2021

KENYA

Land of Mystery and Marvels



Thank you for all the questions! This week we'll concentrate on clothing. You DO NOT have to buy a safari suit!!! Nope! You'll do just fine with what you already own ... besides, you'll want to buy T-shirts along the way. The suggested wardrobe:

Ladies --

4 short sleeve or sleeveless tops

2 long sleeve tops

1 pair of long pants (say Chinos, not jeans – they'll be too hot & take up too much room)

A windbreaker or sweatshirt (it gets cold at night)

(Remember – you WILL be buying T-shirts along the way ... you won't be able to help yourselves! LOL!!!) Think layers!

Bathing suit- Flip Flops for the pool

Underwear (sports bras suggested – the roads can get a bit rough!)

Socks

Hat (you'll want that for the sun)

Good comfortable shoes like sneakers

Sunglasses

Formal dinner wear – a clean T-shirt! ... also suggested are light colors.

While I've never seen a mosquito, I understand they like dark colors and bright colors can "upset" the animals.



Gentlemen -

Basically the same as for ladies, just eliminate the sports bras!

Again, jeans will be too hot. Think chinos or Dockers ...

It does get cold at night, so a jacket or sweatshirt will be needed.

Sunglasses are a must as is a hat. It can be a baseball cap, nothing fancy!

We all want to sort of blend in so we don't upset the animals.

DO NOT wear camouflage clothing! Many African countries reserve that for military personnel only and they don't take kindly to seeing it on tourists! Some countries even consider it a crime.

DO NOT wear dark colors! They can attract flies that have nasty bites!

DO NOT pack heavy hiking boots.

They take up too much room and we won't be out hiking!

Above all PACK LIGHT!!! We will be limited to one suitcase, one carry on, and one "day pack". You don't need all those things you usually pack.

Think light, neutral colored, comfortable clothing.

You will also want to pack:

Camera w/film (if you're not using a chip), extra battery, chips, and charger. Don't forget a small pair of binoculars! We never know what we may see!

Bug spray - again, I've never seen a bug, but better safe than sorry. It's suggested to pack a spray with DEET.

A small flashlight - if our lodge has a raised viewing stand, you may want to visit it at night.

Fun Fact: Plastic grocery bags are BANNED in Kenya so don't use them! Try a glad bag for that wet bathing suit!



A small spiral notebook might come in handy to write down what you've seen to share with others ... you'd be surprised how many people see the same thing differently! :>)

Don't wear shiny jewelry! It can catch the sun and "upset" the animals. It can also attract moneys who just LOVE shiny things and will try to steal them!

Many of the places we'll be staying have outdoor dining. Do NOT leave your camera or anything small out there if you walk away to get more coffee, etc. The vervet monkeys may very well swoop down and relocate your property to the top of the nearest tree! LOL!!



Above all Don't Forget to leave room for all the t-shirts and other souvenirs you'll want to bring home! Among the most popular are the carvings, baskets, and jewelry produced by the Kenyans!



That's it for now! Keep sending those questions!

Kwa heri!

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Only 504 days until we're
IN Nairobi, Kenya!!!